

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
		Reflection & Inventory				
		Annex at Home				
24	25	26	27	28	29	30
Reflection & Inventory		Prayer of Examen				
		Annex at Home				
31	1	2	3	4	5	6
Prayer of Examen		Centering Prayer				
		Annex Worship				

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31 Prayer of Examen	1	2 Centering Prayer Annex Worship	3	4	5	6
7 Centering Prayer	8	9 Body Care / Exercise Annex at Home	10	11	12	13
14 Body Care / Exercise	15	16 Body Care / Nutrition Annex at Home	17	18	19	20
21 Body Care / Nutrition	22	23 Prayer - Viso Divina Annex Worship	24	25	26	27
28 Prayer - Viso Divina	1	2 Sabbath Rest Annex at Home	3	4	5	6 All Play: Sabbath

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	1	2	3	4	5	6
Prayer - Viso Divina		Sabbath Rest Annex at Home				All Play: Sabbath
7	8	9	10	11	12	13
Sabbath Rest		Sabbath Rest Annex at Home				All Play: Sabbath
14	15	16	17	18	19	20
Sabbath Rest		Prayer of Lament Annex Worship				
21	22	23	24	25	26	27
Prayer of Lament		Fasting Annex at Home			All Play: Fast	
28	29	30	31	1	2	3
Fasting		Fasting Annex at Home			All Play: Fast	

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	31	1	2	3
Fasting		Fasting Annex at Home			All Play: Fast	
4	5	6	7	8	9	10
Fasting		Prayer - Welcoming Annex Worship				
11	12	13	14	15	16	17
Prayer - Welcoming		Generosity Annex at Home				
18	19	20	21	22	23	24
Generosity		Generosity Annex at Home				
25	26	27	28	29	30	1
Generosity		Reflection & Integration Annex Worship				

Sun	Mon	Tue	Wed	Thu	Fri	Sat
25 Generosity	26	27 Reflection & Integration Annex Worship	28	29	30	1
2 Reflection & Integration	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29